



# Maine Farm Safety Program

by Dawna L. Cyr, farm safety project assistant, and Steven B. Johnson, Ph.D., Extension crops specialist

## *Safety Training and Supervision of Workers*

**A** workplace should be free from recognized hazards and employees should be trained to work safely.

Follow-up training will ensure employees work safely. Good supervision will make any farm operation run smoothly and successfully.

### Training of Farm Workers

Do not look for the perfect person for the job but, rather, the right person for the right job. A worker should be physically and mentally able to handle a particular job. Assign people to jobs they are most capable of doing.

Inexperienced workers must be trained for the jobs they will be doing. Orient experienced people who have worked on other farms to your particular methods and machinery, and always provide training when assigning them to new jobs.

Anyone training workers should know the job thoroughly and be able to explain it in a step-by-step manner. Use the actual materials when training and give careful attention to safety precautions.

### Instruct in four distinct steps.

1. **Put the worker at ease.** Explain why the job is important, and how doing it correctly and safely is beneficial. Do not talk down to workers.

### Safety Training and Supervision of Workers

- **Make sure all workers know their job and are properly trained.**
- **Encourage good safety habits.**
- **Rotate work that is monotonous, boring or disagreeable.**
- **Never allow horseplay in a work area.**
- **Explain emergency procedures.**

**Inform all workers of the safety rules on the farm. Make them aware of telephones and posted emergency numbers, fire extinguishers and contingency plans.**

2. **Explain the job one step at a time** while the trainee observes from the work position. Make sure the trainee understands why and how the job is done a certain way.
3. **Have the worker repeat the operation several times.** Give help on the rough spots. Then have the steps explained to you by the worker as they do them. Repeat the procedure until you are confident the job will be handled safely.
4. **Put your employee to work.** Check often at first and invite questions. Explain what to do if there is an emergency.

Call safety rule violations to a worker's attention before they become habits. Do this privately. Inform all workers of the safety rules on the farm. Make them aware of telephones and posted emergency numbers, fire extinguishers and contingency plans. Keep workers updated on any new safety procedures, personal protective equipment and machinery. Provide the proper protective gear. Be sure it fits and is in good operating condition.

Most young workers have good physical abilities, but may lack the experience, knowledge, judgment and patience that make for a consistently safe job performance. Young workers must be intensively trained and more closely supervised than experienced workers only if the experienced workers do not have bad habits or attitudes. Do not

allow horseplay, show-off behavior or dangerous equipment and vehicle operation. Make sure all equipment is maintained properly and that safety guards and features are in place and functional.

### **Supervision**

Successful supervision requires assigning work according to ability. Praise workers when they do jobs well. Communicate by listening and speaking. Show a positive attitude toward work and set a good example. Follow-up on rule violations. Find out why they were broken, and correct the problem. Train and reprimand with a cool head. If possible, rotate work that is boring, strenuous or disagreeable.

Do not over-supervise workers, nor be unreasonable in work expectations. If they are competent, let them work without feeling that you are watching every move. Also, to demand too much might lead to resentment and accident-producing fatigue.

---

This Maine Farm Safety fact sheet is part of an educational fact sheet series produced by University of Maine Cooperative Extension. For more information on farm safety, contact your county Extension office.

For the most current Extension publications, see our online catalog at

**[www.umext.maine.edu](http://www.umext.maine.edu)**

*A Member of the University of Maine System*

Published and distributed in furtherance of Acts of Congress of May 8 and June 30, 1914, by the University of Maine Cooperative Extension, the Land Grant University of the state of Maine and the U.S. Department of Agriculture cooperating. Cooperative Extension and other agencies of the U.S.D.A. provide equal opportunities in programs and employment. 10/03.