



Protecting yourself at Home

Facts:

- ◆ When you leave the field, the clothes you are wearing and your exposed skin have pesticide residues.
- ◆ Shower and wash your hair after work every work day.
- ◆ Wash work clothes before using them again.
- ◆ Keep dirty work clothes separate from the rest of your clothes and your family's clothes. Wash them separately. Keep separate labeled boxes for clothes.
- ◆ Never bring pesticide containers or pesticides into the home.

