



Washing Your Hands in the Field

Facts:

- ◆ Pesticide residues are always present in the fields. While working in the fields your hands are exposed to pesticide residues, which you then carry from the fields. Washing your hands with soap and cold or hot water will rinse the pesticide residues off your hands.
- ◆ Washing your hands when you leave the field will keep you from carrying the residues on your hands to your home. Before eating, drinking, smoking, or going to the bathroom while at your workplace, you need to wash your hands to keep the pesticides from contaminating your body.
- ◆ It is the employer's legal responsibility to provide a hand washing basin with water, disposable towels and soap within 1/4 mile of work.
- ◆ You should never eat in the fields. Pesticide residues are always in the fields, and you can contaminate yourself through your mouth by eating in areas affected by pesticides.

